
Specific Rules

Acting – Monologues

In Acting – Monologues, the skills measured are:

- Use of transitions into and out of character
- Ability to create a believable character
- Communication of objective, tactics, and relationships
- Use of focus and concentration
- Integration of voice, body, movement, and staging

In a monologue performance, the entrant must follow these guidelines:

- Begin with an introduction (slating). The introduction must include only:
 - The entrant's name
 - Title of both selections
 - Name of the playwright(s)
 - Troupe number (optional)
- Remain within strict time limits:
 - After the introduction (slating), time begins with the first word or acting action (if it precedes the first word).
 - Monologues are not to exceed 3 minutes.
- Appropriate material:
 - Prepare two selections.
 - Monologues should represent two contrasting selections (may be different in period, style, or mood).
 - Each selection should be approximately one and one-half minutes each.
 - Each selection should reflect an important moment in the play.
 - Only one character from each play may be portrayed in each selection.
 - Prior to the event, validate the material using the [guidelines for acceptable and unacceptable material](#).
- Entrants will present themselves as a blank slate, refraining from clothing or accessories that distract from the character. Follow strict limits on clothing and props:
 - Props (including hand-held props), costumes, or theatrical makeup are not allowed.
 - One chair may be safely used.
 - Entrants must wear all black. **Clothing and shoes must be all black.** Any visible color, including white, will result in a disqualification.
 - Clothing should be professional yet allow easy movement for the actor to accommodate the action of the performance.
 - Entrants should refrain from wearing anything that might distract the adjudicators.
 - Failure to follow any of the guidelines in this document will result in a disqualification.